

Our Mission: to help every athlete reach his or her full athletic potential, regardless of age, gender, limitation, sport, or natural ability.

PURPOSE FOR THE POSITION OBJECTIVES

This position is directly responsible for the development and implementation of large group performance training programs for the Michael Johnson Performance Center's off-site performance program.

Part-Time Performance Coach

Job Summary:

This position is directly responsible for the development and implementation of large group performance training programs for the Michael Johnson Performance Center's on-site performance program. The part time performance coach will work directly with the Athlete Development Coordinator on all aspects of implementing a performance program including: implement athlete assessment protocols, implement MJP training methods, manage class time and maximize efficiency within MJP. The part time performance coach must be able to communicate the performance training philosophy methods and progress to athletes and parents to increase athletes' education, commitment and training experience. This position also requires the coach to be an ambassador of the Michael Johnson Performance (MJP) program by representing the MJP core values and principles of the organization.

Essential Responsibilities:

- Report directly to Athlete Development Coordinator
- Assist in small group training
- Assist in planning for all training logistics
- Assist in motivating athletes to perform up to their potential
- Assist in assessments/testing for athletes
- Assist in data entry of performance results under supervision of Evaluation Specialist
- Educate coaches/parents/athletes of MJP training protocols and methodology
- Assist intern/extern in setting up MJP strength system, movement system, CETs and facility flow
- Assist in creating education material on human performance

Hours Suggested / Status

Monday-Thursday / Part Time (20 hours per week)

Compensation

\$10.00-\$15.00/hr

*compensation based on experience, certification and results.